



Visit us : [www.cyclistswithcompassion.com](http://www.cyclistswithcompassion.com)

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# CWC NEWS

## CWC : Touching lives!

The idea for starting the bicycle charity **Cyclists with Compassion** was conceived in 2015. We have been very blessed with the support we got from the very beginning from sponsors, participants, their families and friends. Looking back at the first three years of its existence, it is simply amazing to see, how many lives have been touched by CWC. While I am so very proud and happy to see that CWC was able to raise a significant amount of donations for our chosen beneficiary Effective Aid International (EAI) and therefore touched the lives of the many children under the care of EAI, I am equally happy to see the way CWC touched and perhaps even changed the lives of the participants in CWC. Riding in CWC has certainly made a difference to them. It has perhaps shown some that they are able to do something they never expected they could, some perhaps realised how privileged their lives are compared to many others, some perhaps experience a higher degree of self-confidence. Whatever it is, I know that every participants took something new and valuable away from the ride.

Rides like CWC reflect something truly rare and absolutely positive in a time, which seems to be filled with bad news, a time when the world is moving further apart instead of coming together, when people no longer trust and believe in each other, when people rather communicate via social media and phone messages instead of looking in each other's eyes. At a time like this, CWC builds a bridge between genders, religion, age, race and releases a new sense of compassion, empathy and friendship in a way only sharing an extreme experience such as a long distance bike ride can bring out. Become part of this experience and become part of CWC - as a cyclist or supporter.

After the inaugural ride in 2016, followed by the 2017 ride, we are now in the process of organising the 2018 ride. Starting with a short bus transfer out of Bangkok to the Khao Yai National Park, up to 25 cyclists will ride for 7 days and 730 km through beautiful scenery to reach the Baan Fah Sighy Children Home south of Chiang Mai, where the ride will officially end with a closing ceremony. Like last year, we will also organise a one day family ride on the last day, February 3rd with a selection of distances to ride, allowing friends, family and sponsors to join the CWC cyclists at the closing ceremony.

If you are interested to join or to become a corporate or private sponsor of the CWC 2018 ride, please contact us at [contact4cwc@gmail.com](mailto:contact4cwc@gmail.com) or visit our website [www.cyclistswithcompassion.com](http://www.cyclistswithcompassion.com).

For now, God Bless and safe cycling, always...

*Reiner*



## What some of our riders have to say...



"It's been my honour, pleasure and good fortune to have had such wonderful cycling buddies for company on the saddle all these yearly rides - they have been family. Anyone invited to this charity event should jump at the chance to join and experience the experience."

Geoffrey, Singapore, CWC 2016, CWC 2017



"The CWC tour is one of the best cycling tours we have ever done in Asia. Not only will you get to cycle in some of the most amazing places in Thailand, you get to do it with a great set of people supporting a great cause. We are definitely looking forward to future tours!"

Carmela Serina Pearson and Colin Pearson, Philippines, CWC 2016

"We meet no ordinary people in our lives!"

C.S. Lewis

"Well, surely not at a CWC ride!"

Reiner E.

"CWC has been more than just about helping the unfortunate. It is a journey of friendship, laughter and camaraderie!"

Gary Chua, Singapore, CWC 2017



"I have never been a regular cyclist, so when I signed up for the 2017 tour, it was with a sense of anxiety and adventure. Long story short, it was the best decision I made...! I enjoyed it thoroughly with lots of camaraderie, beautiful sceneries, energy boosting stopovers, enjoyable dinners and soothing massages. And of course the finale at Ban Sigby children's home tops it all. God willing, see you in 2018!"

Ismet Faiz, Singapore, CWC 2017 (and hopefully 2018!)



"It's a concoction of personal challenge and satisfaction. Peppered with company of good friends. Cranking a gigantic dose of compassion for humanity. Thank you for the unforgettable experiences!!"

Grace Young-Diao, Singapore, CWC 2016, CWC 2017



# CWC launches website!

Nowadays people don't believe that you actually exist, unless you have a website! CWC launched its website [www.cyclistswithcompassion.com](http://www.cyclistswithcompassion.com). It is and probable always will be a work in progress as we will continue to improve the site.

We are grateful for any feedback!



## CWC 2018: The Ride!

### Day 1, January 27th: Bangkok – Khao Yai

The ride will start after leaving Bangkok with a bus transfer to Chachoengsao. From there we will visit the 100 year market where we start our bike journey into the countryside of Nakhon Nayok.

Ride : 85 km.  
Accommodation : Royal Hills Resort  
Website : <http://www.royalhillsresort.com/index.html>

### Day 2, January 28th : Khao Yai – Muak Lek

After breakfast we will ride to the Muak Lek district of the Saraburi province. the ride will lead through scenic valleys surrounded by the shadow of Khao Yai, the big mountain.

Ride : 110 km.  
Accommodation : Valley Garden Resort  
Website : <http://www.thevalleygardenresort.com/>

### Day 3 , Mon, 29 Jan 2018 : Muak Lek – Pasak

Today, we head northwest toward Pasak. The Pasak river runs through 3 major provinces and is an important water supply for agriculture. Pa Sak Cholasit Dam was built to alleviate the drought in the lower valley regions.

Ride : 100 km.  
Accommodation : Pasak Hillside Resort  
Website : <http://www.pasakhillside.com/>

### Day 4, Tue, 30 Jan 2018 : Pasak – Nakhon Sawan

From Pasak we ride to the quiet province of Nakhon Sawan where the Ping and Nan rivers meet the mighty Chao Phraya river.

Ride : 133 km.  
Accommodation : Bonito Chinos Resort  
Website : <http://www.bonitochinoshotel.com/>

### Day 5, Wed, 31 Jan 2018 : Nakhon Sawan – Kamphaeng Phet

We ride through rice paddies. Look out for water buffaloes wallowing in a puddle and for ducks taking a dip in the rice field. This is an area of Thailand not visited by many tourists, so you will pique the interest of locals!

Ride : 130 km.  
Accommodation : Maeping Mango Riverside Resort  
Website : <http://maepingmangoriverside.com/>

### Day 6 , Thu, 1 Feb 2018 : EAI Refugee Project/ Rest Day – Yan Ri

Today is a free day for you to explore Kamphaneng Phet city. You can either choose to transfer to visit the EAI Refugee project or relax and take afternoon transfer to your hotel in Yan Ri.

Accommodation : Chatchai Hill Resort

### Day 7, Fri, 2 Feb 2018 : Yan Ri – Li

Today we head north following the Ping River upstream from Yan Ri, crossing farmlands, into Lampang province and pedaling our way to Li. We ride through lush green sceneries with rolling hills in a distance.

Ride : 100 km.  
Accommodation : Baan Pailyn Resort  
Website : <https://www.facebook.com/baanpailyn/>

### Day 8, Sat, 3 Feb 2018 : Li – Baan Fah Sighy – Chiang Mai

Today is a final day of cycling, we depart Li and ride to Baan Fah Sighy Children's Home. Transfer to Chiang Mai after the hand over ceremony is over.

Ride : 72 km.  
Accommodation : Na Nirand Romantic Boutique Resort  
Website : <http://www.nanirand.com/EN/>

### Day 9, Sun, 4 Feb 2018 : Chiang Mai – Departure

After breakfast and checking out of the hotel, we provide a transfer to Chiang Mai Airport for your departure flight home.

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