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Email us: contact4cwc@gmail.com

CWC NEWS

ONLY A FEW MORE WEEKS TO CWC 2017!

Friends,

firstly, on behalf of everybody at CWC I would like to wish all of you and your loved ones the very best wishes for a Happy, Healthy and Prosperous New Year 2017!

In a few weeks 21 people, 14 men and 7 women from eight different nationalities, different races and creeds and with a 40 year age span will meet in Chiang Rai, North Thailand to embark on a life-changing journey. They will cover 700 km (including a 25 km climb) until they reach the destination, the Baan Fah Sighy Children Home in Hot, south of Chiang Mai. Amongst them will be veterans of long distance cycling, but also many first-timers. It doesn't matter, whether they have done many tours before or they do it for the first time..., it will not be easy! A ride like this is always a challenge - for anybody!

So, why are they doing it? Of course, the objective is to raise funds and awareness to help some of those in our world that are less

fortunate and require help to break out of the vicious circle of despair and poverty. But why the cycling, why not just ask for money? Well, they believe that one must do something extra-ordinary to achieve extra-ordinary results. The cyclists will do their part by undertaking this extra-ordinary challenge and by pushing their mental and physical limits; please do your part and support them - with your prayers for their safety and also with donating funds in their honour. Any amount - no matter how small or big - will make a difference to a young child!

Details on how to donate can be found in the appeal section of this newsletter.

This is the last newsletter before the ride starts. Please visit and like our Facebook page www.facebook.com/cyclistswithcompassion for daily updates of the ride!

For now, GOD Bless and safe cycling, always...

Reiner

A few tips for packing your bike!

Even if you do not join CWC 2017, there may be a time when you like to bring your bike on some air travel with you. Most commercial bike transport bags offer very good protection, but there is always room for improvement. With a few simple tricks, you can improve the safety and protection level of your bike!

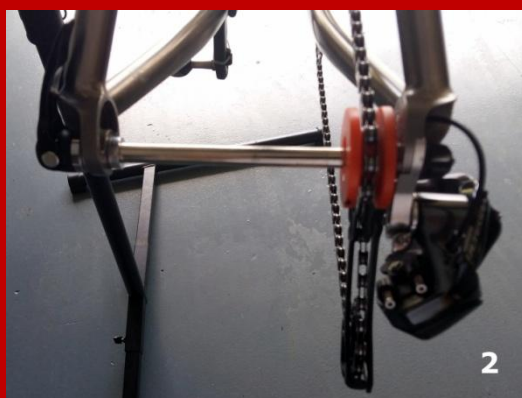
Photo 1: One of the most important items is the front fork spacer. It prevents the front fork from being crushed during transport. You should be able to get one - usually for free - from any friendly bike shop. New bikes in boxes arrive with spacers like this.

Photo 2: The rear fork spacer! Get one with a chain guard. They are not very expensive, but are very useful in protecting your rear fork and also by keeping the chain in place during transport. A loose chain can cause some serious damage to the derailleur and the frame - from scratches to dents to cracks!

Photo 3: The rear derailleur cage! The rear derailleur is always the most vulnerable and most exposed element of your bike - especially so during transport! The derailleur cage is an invention from mountain biking, but also offers fantastic protection during transport. Note: you will need a rear fork spacer in order to attach the cage. Most bike shops - especially those specialising in mountain bikes should sell them - if not, there are plenty of online shops!

Photo 4: Air-con tubing, the best hidden secret in bike travel. Cheap to buy and easy to cut into size. Slice the length open and simply clip it over the frame. For the front forks just slide the tubing over. You will need app. 3 m for an average size bike. If you can't get air con tubing, swimming noodles (with centre hole) can do the same job, but may be more costly!

Photo 5: The "wrapped" bike - ready to go!



Our Appeal to you:



Cyclists With Compassion (CWC) is a group of like-minded cycling enthusiasts and was started with the goal to make a difference to underprivileged children in Asia by raising money for better education, which in turn will bring hope for a better, brighter future.

CWC plans and organises long-distance cycling tours to parts of Asia, raising awareness about the needs of children in these areas. By raising money from corporate sponsors as well as donations from friends and family donated in recognition of our mental and physical efforts, we hope to contribute our little part of making their world a little better, a little brighter!

In February 2017 cyclists from around the world will be cycling 700 km in North Thailand in 6 days, starting in Chiang Rai and finishing at the Baan Fah Sighy Children Home app. 100 km south of Chiang Mai. Baan Fah Sighy was established more than 13 years ago by Australian Phil Hohnen and his Thai wife Wanida and has developed into an "oasis of love" for many abandoned and orphaned children who call it home and know it's founders as "Mum & Dad".

The Baan Fah Sighy Children Home is supported by Effective Aid International (EAI), our chosen beneficiary of the ride. For 15 years EAI (www.effectiveaid.org) has been changing the future for displaced, orphaned and abandoned children both in Northern Thailand and Myanmar. For EAI quality education is the single most effective weapon that can be used today, to erase poverty in the future - so education is their key focus. During these past years, EAI has provided more than 13,000 individual years of schooling to children in refugee camps, displaced peoples' villages and children's homes. EAI has employed, trained and empowered hundreds of refugees as teachers in their schools and have provided love, food, safety and shelter to abandoned and orphaned children.

Our ambitious plans can only become reality with the help and support from private and corporate sponsors and I would like to ask your kind support by becoming a sponsor of the CWC ride 2017. There is no minimum donation; no matter how big or small, your contribution matters and will be very much appreciated.

You can donate directly to EAI, using the "[Donate](#)" feature on www.effectiveaid.org/cyclists-with-compassion. On the payment page you will also have the possibility to name the cyclist, in whose honour you donate. Australian-based sponsors will be issued with a tax-deductible receipt. For other payment methods and for Corporate Sponsorship, please contact contact4cwc@gmail.com.

Thank you on behalf of all cyclists and organisers of the CWC 2017 ride and the many, many children benefitting from your generosity!

 PANTONE YELLOW

 PANTONE BLACK

 PANTONE 208 C

 PANTONE WHITE


The CWC 2017 Team Jersey!

Anybody can buy an Armani suit, but not everybody can get this jersey :-)!
Wear it proudly!

Perfect for spouses, kids, friends and sponsors of CWC!

One day visit to Baan Fah Sighy is popular!

CWC 2017 officially ends at the Baan Fah Sighy Children home and the tour closing ceremony will be held there. It will be an unforgettable experience you shouldn't miss.

You can join the cyclists and cycle with us the 87 km from Chiang Mai along the Ping river all the way to the Blue Sky Home in Hot town.

But for those that do not want to ride at all, there is also an option to travel by private bus to Baan Fah Sighy.

Those interested would need to arrive in Chiang Mai latest on February 17th to join the ride on February 18th. So, why not make it a very special weekend and extraordinary experience.

The link to book it is:

http://www.spiceroads.com/specials/cwc_blue_skies

For any questions, please mail to: contact4cwc@gmail.com

CWC Classifieds



Garmin Edge 500, GPS based cycling computer, hardly used, AUD 100. Can be shipped world-wide. Postage extra. Interested? Mail to contact4cwc@gmail.com

Any cycling related items to sell?
We will list them for free in the CWC newsletter.

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